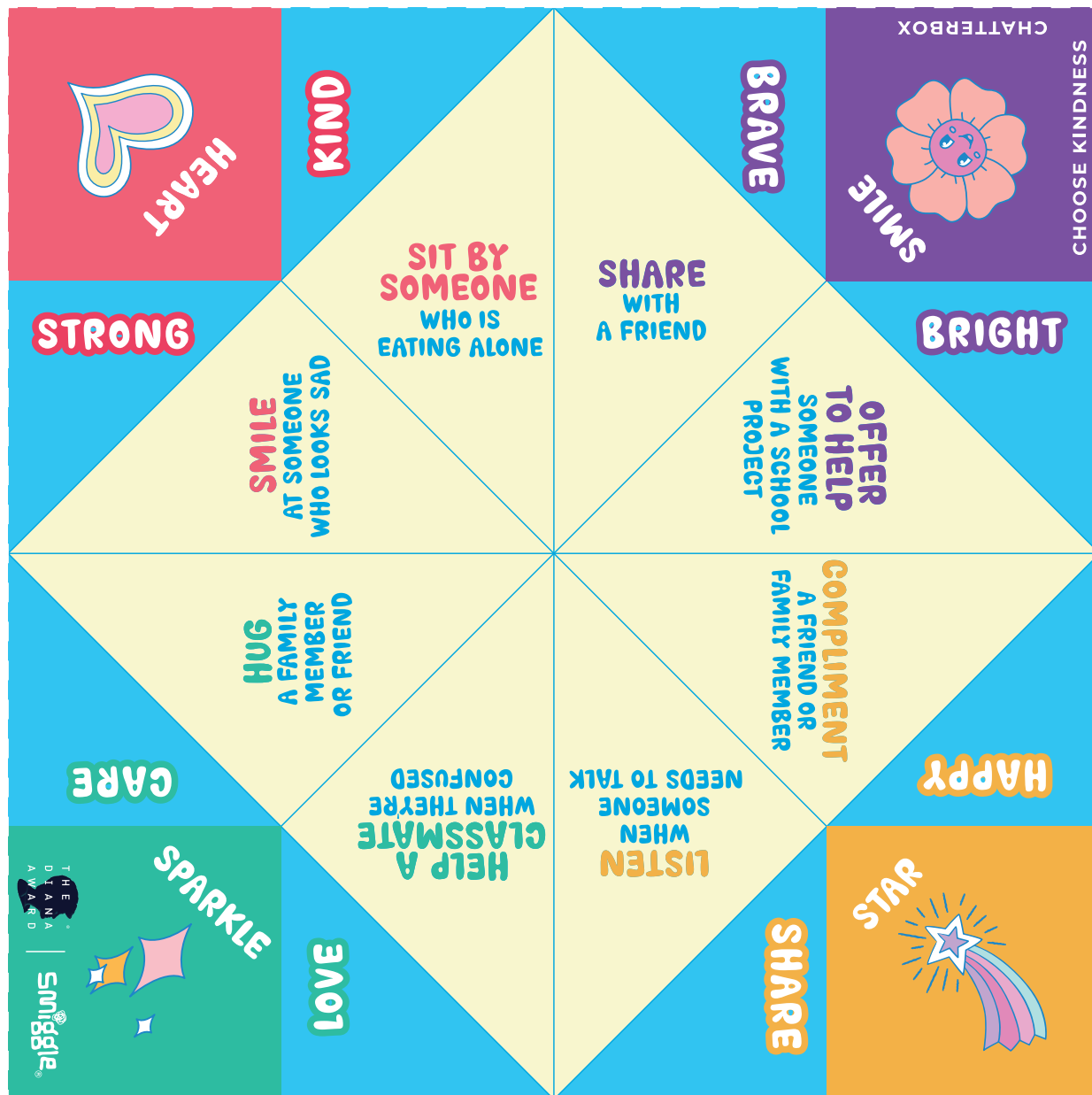
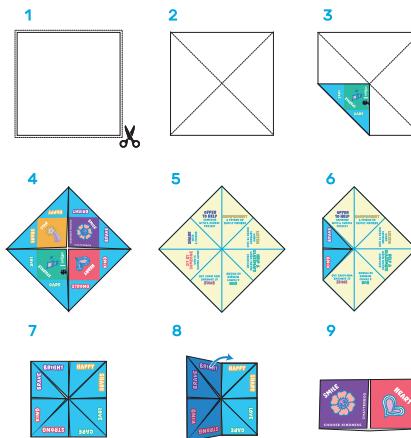


# CHOOSE KINDNESS CHATTERBOX



## INSTRUCTIONS



1. Cut out the chatterbox along the dotted line.
2. Fold each corner to the opposite corner, then unfold to create creases.
3. Fold each of the corners to the centre of the page with the coloured design on the outside.
4. Now your chatterbox should look like this.
5. Turn the chatterbox over so the yellow side is facing up.
6. Fold each of the corners into the centre to create another smaller square.
7. Now your chatterbox should look like this.
8. Now fold the chatterbox in half to create a rectangle.
9. Open out the chatterbox and fold it in half again along the opposite crease.
10. Your chatterbox is ready to use!

**HAVE FUN  
AND BE KIND!**

## HOW TO USE

1. Pick a word: heart, sparkle, star or smile.
2. Open and close the chatterbox by spelling the word out.
3. Then choose one of the words that is written inside. Repeat step 2 one or two more times.
4. Choose another word that is written inside.
5. Open it up to reveal the act of kindness.
6. Carry out your act of kindness today!

**TAKE HOME BOOKMARK**

CUT ALONG THE DOTTED LINE

THE  
DIANA  
AWARD



We're proud to be partnering with The Diana Award this back to school. The Diana Award is the only charity set up in memory of Diana, Princess of Wales and her belief that young people have the power to change the world. Scan the QR code above to learn more about our partnership and The Diana Award Anti-Bullying Programme.





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